|  |  |  |
| --- | --- | --- |
| **JMINI** |  |  |
| 11.40 | 4x 40 m |  |
| 12.00 | Verspringen | *Bak 1* |
| 12.40 | 40 m | *3 series* |
| 14.30 | Balwerpen | *Afzet 1* |
| 15.30 | 600 m | *1 serie* |

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| **MMINI** |  |  |
| 11.45 | 4x 40 m |  |
| 12.00 | Verspringen | *Bak 2* |
| 13.05 | 40 m | *3 series* |
| 14.45 | Balwerpen | *Afzet 2* |
| 15.40 | 600 m | *1 serie* |

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| **JPC** | *Groep 1* |  |
| 11.50 | 4x 40 m |  |
| 12.15 | Balwerpen | *Afzet 1* |
| 13.15 | 40 m | *5 series* |
| 14.30 | Verspringen | *Bak 1* |
| 16.00 | 600 m | *2 series* |

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| **JPC** | *Groep 2* |  |
| 11.50 | 4x 40 m |  |
| 13.15 | 40 m | *5 series* |
| 13.45 | Balwerpen | *Afzet 1* |
| 15.15 | Verspringen | *Bak 1* |
| 16.00 | 600 m | *2 series* |

|  |  |  |
| --- | --- | --- |
| **MPC** | *Groep 1* |  |
| 11.55 | 4x 40 m |  |
| 12.15 | Balwerpen | *Afzet 2* |
| 13.35 | 40 m | *4 series* |
| 14.10 | Verspringen | *Bak 2* |
| 15.50 | 600 m | *2 series* |

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| **MPC** | *Groep 2* |  |
| 11.55 | 4x 40 m |  |
| 13.35 | 40 m | *4 series* |
| 14.00 | Balwerpen | *Afzet 2* |
| 14.45 | Verspringen | *Bak 2* |
| 15.50 | 600m | *2 series* |
| **JPB** | *Groep 1* |  |
| 11.30 | 4 x 40 m |  |
| 12.15 | 40 m | *6 series* |
| 13.00 | Hoogspringen |  |
| 14.00 | Kogelstoten | *Ring 2* |
| 15.15 | 1000 m | *2 series* |

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| --- | --- | --- |
| **JPB** | *Groep 2* |  |
| 11.30 | 4 x 40 m |  |
| 12.15 | 40 m | *6 series* |
| 13.00 | Kogelstoten | *Ring 2* |
| 14.00 | Hoogspringen |  |
| 15.15 | 1000 m | *2 series* |

|  |  |  |
| --- | --- | --- |
| **MPB** | *Groep 1* |  |
| 11.35 | 4 x 40 m |  |
| 12.35 | 40 m | *5 series* |
| 13.00 | Kogelstoten | *Ring 1* |
| 15.00 | Hoogspringen  |  |
| 17.00 | 1000 m | *2 series* |

|  |  |  |
| --- | --- | --- |
| **MPB**  | *Groep 2* |  |
| 11.35 | 4 x 40 m |  |
| 12.35 | 40 m | *5 series* |
| 13.45 | Kogelstoten | *Ring 2* |
| 16.00 | Hoogspringen  |  |
| 17.00 | 1000 m | *2 series* |

|  |  |  |
| --- | --- | --- |
| **JPA 1** | *Groep 1* |  |
| 11.05 | 4 x 60 m |  |
| 11.15 | Verspringen | *Bak 2* |
| 14.00 | 60 m | *5 series* |
| 15.15 | Kogelstoten | *Ring 1* |
| 16.20 | 1000 m | *2 series* |

|  |  |  |
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| **JPA 1** | *Groep 2* |  |
| 11.05 | 4 x 60 m |  |
| 11.15 | Kogelstoten | *Ring 1* |
| 13.00 | Verspringen | *Bak 1* |
| 14.00 | 60 m | *5 series* |
| 16.20 | 1000 m | *2 series* |
| **MPA 1** | *Groep 1* |  |
| 11.10 | 4 x 60 m |  |
| 12.00 | Kogel | *Ring 1* |
| 14.20 | 60m | *6 series* |
| 15.20 | Ver | *Bak 2* |
| 16.10 | 1000 m | *2 series* |

|  |  |  |
| --- | --- | --- |
| **MPA 1** | *Groep 2* |  |
| 11.10 | 4 x 60 m |  |
| 12.00 | Kogel | *Ring 2* |
| 13.00 | Ver | *Bak 2* |
| 14.20 | 60 m | *6 series* |
| 16.10 | 1000 m | *2 series* |

|  |  |  |
| --- | --- | --- |
| **JPA 2** | *Groep 1* |  |
| 11.15 | 4 x 60 m |  |
| 13.00 | Balwerpen | *Afzet 1* |
| 14.40 | 60 m | *6 series* |
| 16.00 | Verspringen | *Bak 1* |
| 17.10 | 1000 m | *2 series* |

|  |  |  |
| --- | --- | --- |
| **JPA 2** | *Groep 2* |  |
| 11.15 | 4 x 60 m |  |
| 13.00 | Balwerpen | *Afzet 2* |
| 14.40 | 60 m | *6 series* |
| 16.00 | Verspringen | *Bak 2* |
| 17.10 | 1000 m | *2 series* |

|  |  |  |
| --- | --- | --- |
| **MPA 2** | Groep 1 |  |
| 11.00 | 4 x 60 m |  |
| 11.15 | Verspringen | *Bak 2* |
| 15.00 | 60 m | *5 series* |
| 15.30 | Balwerpen | *Afzet 1* |
| 16.30 | 1000 m | *2 series* |

|  |  |  |
| --- | --- | --- |
| **MPA 2** | Groep 1 |  |
| 11.00 | 4 x 60 m |  |
| 13.45 | Verspringen | Bak 1 |
| 15.00 | 60 m | *5 series* |
| 15.30 | Balwerpen | Afzet 1 |
| 16.30 | 1000 m | *2 series* |

***De prijsuitreiking zal ongeveer 15 minuten na het laatste onderdeel plaatsvinden.***

JURYVERGADERING: 10.30 uur

LOOPNUMMERS:

*Estafette*

11.00 uur MPA 2 4 x 60 m

11.05 uur JPA 1 4 x 60 m

11.10 uur MPA 1 4 x 60 m

11.15 uur JPA 2 4 x 60 m

11.30 uur JPB 4 x 40 m

11.35 uur MPB 4 x 40 m

11.40 uur JMINI 4 x 40 m

11.45 uur MMINI 4 x 40 m

11.50 uur JPC 4 x 40 m

11.55 uur MPC 4 x 40 m

*Sprint*

12.15 uur JPB 40 m

12.35uur MPB 40 m

12.55 uur JMINI 40 m

13.05 uur MMINI 40 m

13.15 uur JPC 40 m

13.35 uur MPC 40 m

14.00 uur JPA 1 40 m

14.20 uur MPA 1 40 m

14.40 uur JPA 2 40 m

15.00 uur MPA 2 40 m

*Lang loopnummer*

15.15 uur JPB 1000 m

15.30 uur JMINI 600 m

15.40 uur MMINI 600 m

15.50 uur MPC 600 m

16.00 uur JPC 600 m

16.10 uur MPA 1 1000 m

16.20 uur JPA 1 1000 m

16.30 uur MPA 2 1000 m

17.00 uur MPB 1000 m

17.10 uur JPA 2 1000 m